

WEIGHT CONVERSION CHARTS

POUNDS TO KILOGRAMS (1 pound = 0.4536 gram)

Pounds	0	1	2	3	4	5	6	7	8	9
0	0.00	0.45	0.91	1.36	1.81	2.27	2.72	3.18	3.63	4.08
10	4.54	4.99	5.44	5.90	6.35	6.80	7.26	7.71	8.16	8.62
20	9.07	9.53	9.98	10.43	10.89	11.34	11.79	12.25	12.70	13.15
30	13.61	14.06	14.52	14.97	15.42	15.88	16.33	16.78	17.24	17.69
40	18.14	18.60	19.05	19.50	19.96	20.41	20.87	21.32	21.77	22.23
50	22.68	23.13	23.59	24.04	24.49	24.95	25.40	25.86	26.31	26.76
60	27.22	27.67	28.12	28.58	29.03	29.48	29.94	30.69	30.84	31.30
70	31.75	32.21	32.66	33.11	33.57	34.02	34.47	34.93	35.38	35.83
80	36.29	36.74	37.20	37.65	38.10	38.56	39.01	39.46	39.92	40.37
90	40.82	41.28	41.73	42.18	42.64	43.09	43.55	44.00	44.45	44.91

KILOGRAMS TO POUNDS (1 kilogram = 2.2046 pounds)

kilograms	0	1	2	3	4	5	6	7	8	9
0	0.00	2.20	4.41	6.61	8.82	11.02	13.23	15.43	17.414	19.84
10	22.05	24.25	26.46	28.66	30.86	33.07	35.27	37.48	39.68	41.89
20	44.09	46.30	48.50	50.71	52.91	55.12	57.32	59.52	61.73	63.93
30	66.14	68.34	70.55	72.75	74.96	77.16	79.37	81.57	83.77	85.98
40	88.18	91.39	92.59	4.80	97.00	99.21	101.41	103.62	105.82	108.03
50	110.23	112.43	114.64	116.84	119.05	121.25	123.46	125.66	127.87	130.07
60	132.28	134.48	136.69	138.89	141.09	143.30	145.50	147.71	149.91	152.12
70	154.32	156.53	158.73	160.94	163.14	165.35	167.55	169.75	171.96	174.16
80	176.37	178.57	180.78	182.98	185.19	187.39	189.60	191.80	194.00	196.21
90	198.41	200.62	202.82	205.03	207.23	209.44	211.64	213.85	216.05	218.26

BAR TO POUNDS per SQUARE INCH(1 Bar = 10s PA = 14.5 pounds per square inch)

Bar	Lbs. per Sq. Inch	Bar	Lbs. per Sq. Inch	Bar	Lbs. per Sq. Inch	Bar	Lbs. per Sq. Inch	Bar	Lbs. per Sq. Inch
1	14.5	21	304.5	41	594.5	61	884.5	81	1174.5
2	29.0	22	319.0	42	609.0	62	899.0	82	1189.0
3	43.5	23	333.5	43	623.5	63	913.5	83	1203.5
4	58.0	24	348.0	44	638.0	64	928.0	84	1218.0
5	72.5	25	362.5	45	652.5	65	942.5	85	1232.5
6	87.0	26	377.0	46	667.0	66	957.0	86	1247.0
7	101.5	27	391.5	47	681.5	67	971.5	87	1261.5
8	116.0	28	406.0	48	696.0	68	986.0	88	1276.0
9	130.5	29	420.5	49	710.5	69	1000.5	89	1290.5
10	145.0	30	435.0	50	725.0	70	1015.0	90	1305.0
11	159.5	31	449.5	51	739.5	71	1029.5	91	1319.5
12	174.0	32	464.0	52	754.0	72	1044.0	92	1334.0
13	188.5	33	478.5	53	768.5	73	1058.5	93	1348.5
14	203.0	34	493.0	54	783.0	74	1073.0	94	1363.0
15	217.5	35	507.5	55	797.5	75	1087.5	95	1377.5
16	232.0	36	522.0	56	812.0	76	1102.0	96	1392.0
17	246.5	37	536.5	57	826.5	77	1116.5	97	1406.5
18	261.0	38	551.0	58	841.0	78	1131.0	98	1421.0
19	275.5	39	565.5	59	855.5	79	1145.5	99	1435.5
20	290.0	40	580.0	60	870.0	80	1160.0	100	1450.0